

Arbeitsgruppe Pferd presents:

DIGITAL EQUINE CONDITIONING ROUNDS 2023: CONDITIONING FOR PERFORMANCE AND HEALTH

ARBEITSGRUPPE PFERD
TASK FORCE HORSE

equine veterinary professionals education
– we make the difference!



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▶ WEBINARS ◀

October 24, and
November 15, 16, 20 and 21
18:00 to 22:00 hours CET

(except webinar on Nov. 15, which starts at 17:00 hours
and ends at 21:00 hours)



**Instructors with decades-long experience in equine exercise physiology, sports science
and rehabilitation will share their knowledge and experience in this webinar series!**

For details please check www.agpferd.com > Events > Conferences & Courses > Digital Equine Conditioning Rounds



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DIGITAL EQUINE CONDITIONING ROUNDS: CONDITIONING FOR PERFORMANCE AND HEALTH

Lectures will entail up-to-date information on:

- 1) How to best condition horses for sports and health! Conditioning denotes the process of preparing an athlete for competition to compete at his best while avoiding injury and disease.
- 2) How to condition horses to reduce the impact of "civilization" diseases and aging in horses like in humans.
- 3) How to handle long-obsolete terms and beliefs on the topic of exercise physiology in modern-day equine conditioning.

Recordings of the webinars will be available for free viewing to those who register for 6 months after they are designed and hosted.

Accreditation by the German Academy for Continuous Veterinary Education (ATF) has been requested!

A Special Issue for articles on the subject has been set-up with the Journal Animals. If interested in submitting your research work, please check https://www.mdpi.com/journal/animals/special_issues/VK19B6UA92

Speakers

Warwick Bayly
Allan Davie
Michael Davis
Kenneth McKeever
Carolien Munsters
Rachel Murray
Kathrin Nankervis
Brian Nielsen
Shannon Pratt-Philipps
Cate Steel
Dominique Votion

PROGRAM

October 24 | 18:00 to 22:00 hours CET

Conditioning horses for health

1. Conditioning horses to develop and maintain healthy bones
2. Effects of conditioning on counteracting obesity and insulin resistance
3. The application of treadmill and water treadmill exercise for rehabilitation of horses

November 15 | 17:00 to 21:00 hours CET

Tools to condition horses

1. Conditioning horses in hypoxic conditions
2. Using swimming exercise when conditioning horses
3. The application of treadmill and water treadmill exercise for conditioning horses

November 16 | 18:00 to 22:00 hours CET

Physiological effects of conditioning

1. Conditioning Muscle Mitochondria for Competitive Performance and Health

2. Metabolomic Response of Equine Skeletal Muscle to Training
3. Response of the gut-microbiota of horses to conditioning

November 20 | 18:00 to 22:00 hours CET

Obsolete terms and beliefs in exercise physiology

1. The Simplification and Oversimplification of Exercise Metabolism – The Pros and Cons of Derived Variables: Part 1
2. The Simplification and Oversimplification of Exercise Metabolism – The Pros and Cons of Derived Variables: Part 2
3. Conditioning and monitoring fitness in eventing horses

November 21 | 18:00 to 22:00 hours CET

Conditioning sport horses for competition

1. Conditioning and monitoring progress in dressage and show jumping horses
2. Understanding injury development and suboptimal performance risks in dressage and show jumpers
3. Application of strength and stability conditioning to maintain dressage and show jumpers fit for competition

WHAT YOU NEED TO KNOW

Dates

- October 24, 2023** | 18:00 – 22:00 hours CET
November 15, 2023 | 17:00 – 21:00 hours CET
November 16, 2023 | 18:00 – 22:00 hours CET
November 20, 2023 | 18:00 – 22:00 hours CET
November 21, 2023 | 18:00 – 22:00 hours CET

How it works

All information on procedure and technical requirements will be given to you after registration.

How much does it cost?

- Registration until October 10:** One webinar € 150 / two or more webinars € 130 each / all webinars € 600
Registration after October 10: One webinar € 175 / two or more webinars € 145 each / all webinars € 700

(net prices, please add 19 % VAT in Germany for EU citizens without VAT ID and always for German citizens). The price includes 6 months of free viewing of the recordings after they are designed and hosted.

Online registration only:

www.agpferd.com > Events > Conferences & Courses > Digital Equine Conditioning Rounds

Further information



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For more equine vet professionals education check www.agpferd.com

Why participate in AGPferd courses? Because there will be speakers of different professional and geographical background with outstanding knowledge and experience on the subject tackled.

What is different in AGPferd digital events? As in our onsite events, the topics are developed by teams of experts along the needs expressed by our professional participants. The result of the discussions are series of webinars with the aim of tackling each topic as best as possible in its complexity!

All presentations are in English | Bios of speakers please see www.agpferd.com > Events > Conferences & Courses > Digital Equine Conditioning Rounds